

**Society for Sex Therapy and Research  
announces the Call for Books**

Nominations are invited for the 2026 SSTAR Health Professional Book Award

*The goal of the award is to recognize the best recent book for health professionals that contributes to the understanding and resolution of sexual disorders.*

**AWARD**

The Society for Sex Therapy and Research (SSTAR) has established the Health Professional Book Award to be given to the author(s) or editor(s) of the best works published in English related to the understanding and treatment of sexual disorders: one addressed to the public, and the other to health professionals.

The 2026 Health Professional Book Award will be announced in November 2025 and will be presented at the 2026 Annual Meeting. This award is given every two years. The award winners (including multiple authors or each of the editors of an edited book where there is more than one editor) will each be given a plaque, and their names will be listed on the SSTAR Website and the membership listserv. There will be no monetary award.

**ELIGIBILITY**

1. Books could be written/edited by any person and nominated for a SSTAR Book Award without regard to the author's/editor's membership in SSTAR
2. Content of the book must be related to problems of human sexuality (i.e., sexual dysfunction (s), problematic sexual behavior, paraphilias, gender identity issues or other sexual health problems). It must be in English but could have been translated from another language.
3. Book must have been published in the years 2022, 2023, 2024. It may have multiple authors or be an edited work. Previously submitted books are eligible.
4. Collections of previously published works would not be eligible.
5. Authors/editors would be eligible regardless of having previously won any book award (including a SSTAR Book Award)
6. Books must be readily available from bookstores and university libraries. Self-published books will not be eligible.
7. The decision of the selection committee as to whether a book is eligible shall be binding.
8. For questions, contact [info@sstarnet.org](mailto:info@sstarnet.org) or the SSTAR National Office at 847.647.8832.

**NOMINATIONS**

1. Nominations for the Health Professional Book Award may come from any individual, organization or publisher.
2. The deadline for submitting nominations is **April 30, 2025**
3. Email [info@sstarnet.org](mailto:info@sstarnet.org) with the name, author, publisher and date of publication of the book being nominated.

4. Mail a copy of the book to each member of the selection committee (see below).

## THE HEALTH PROFESSIONAL BOOK SELECTION COMMITTEE

The award will be made by a selection committee, consisting of six SSTAR members. The Chair of the committee is chosen by the Executive Council. The members of the committee are chosen by the chair in consultation with the Executive Council. The committee will develop a short-list of up to five books from which the winner would be chosen. If a member of the committee has published a book that would be considered by the committee or if he/she has any potential conflict of interest related to the book, its authors/editors, or the publisher, that person must absent him/herself from deliberations concerning the book.

Caroline Smith, LCSWR  
81 Ash St.  
Saratoga Springs, NY 12866

Mary Beth Golden, PhD  
5121 W. Winona St.  
Chicago, IL. 60630

Ruth Koelling  
202 E Washington St., Suite 202  
Ann Arbor, MI, 48104

Caroline Maykut - **note Canadian address  
and postage requirements**  
233A Jane St  
Toronto, Ontario  
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Amanda Adili  
363 Bond Street, Apt 904  
Brooklyn, NY 11231

## CONDITIONS OF THE PRIZE

1. Any eligible book which is entered for the SSTAR Book Award shall not qualify unless the publisher or author(s)/editor(s) agrees to provide a book for each member of the book selection committee, at no cost to SSTAR or committee members.
2. The SSTAR Book Award will be given to the winning author(s)/editor(s) in person at a SSTAR Annual Meeting. SSTAR would strongly encourage the publishers of the winning book to pay author/editor expenses involved in attending the SSTAR meeting (including travel, lodging, food, and registration), although authors/editors may do so themselves in whole or in part.
3. The publisher agrees to include in any advertising for the book that it has been awarded the SSTAR Book Award for a given year.

## SUBMISSION PROCEDURES AND DEADLINES:

1. Nominated Books need to be received by the final deadline of **April 30, 2025**.
2. Receipt of submissions will be acknowledged in writing by SSTAR.
3. Submitted books will not be returned and will remain the property of the reviewers.